



1. Hoe oud ben je?

46

2. Wat is je beroep?

I have my own company (Production and Distribution) with four shops in The Hague and Delft;

I have my own dojo in Delft where we train Karate and Kobudo;

I studied Law in Madrid and worked as a lawyer both in Spain and The Netherlands for 15 years.

3. Welke martial arts beoefen je en wat is je graad?

Karate, 4th dan

Kobujutsu, 1st dan

Eskrima

4. Sedert hoe lang?

Karate, since 1980

Kobujutsu , since 2009

Eskrima, since 2010

5. Wie waren je meest toonaangevende leraren?

Amaliio Lasheras (karate). Sensei Lasheras introduced me to karate for the first time and brought me to the black belt level. I met there my first karate colleagues with whom I still often train.

Yasunari Ishimi (karate). With Sensei Ishimi I have followed the path from my black belt to what I am know.

Ed Abrahams (Kobudo), who introduced me into Kobudo and brought me to my black belt.

6. Wat wil je aan de organisatie Ryu Kyu Kobujutsu en de NFK mee geven?

NKF: to develop a platform for the training and study and of Shito-ryu Karate.

Ryu Kyu Kobujutsu: to develop a consistent and dedicated group of Kobudokas in Delft.

7. Heb je nog tips?

The NFK has the potential to become the reference if focus is placed on the traditional aspect of martial arts (Do and Jutsu) and not so much in sport.

Japan and other oriental cultures still have influence but The Netherlands is matured enough to walk alone.

Preserve quality and good spirit over all.

Do not become too politically driven.